

Rider	Name of ride	date	miles	running total for rider	Top Five (Provisional) as at 09/06/2010
<b>Heather Brown</b>	Essex Roads Spring Lambs	11/04/2010	93.21		
	Essex Roads Orchid	13/06/2010	100	<b>193.21</b>	
<b>Ray Descombes</b>	Essex Roads Spring Lambs	11/04/2010	93.21		
	Essex Roads Orchid	13/06/2010	100	<b>193.21</b>	
<b>Chris Finney</b>	Bexley CC Reliability Trial (100k)	24/01/2010	62.14		
	Hell of the Ashdown Forest	31/01/2010	68.2		
	Essex Roads Spring Lambs	11/04/2010	93.21		
	ECCA Cycling Festival 207km	03/05/2010	128.6		
	King of the Downs	23/05/2010	113		
	Norwich 100	06/06/2010	100		
	Essex Roads Orchid	13/06/2010	100		
Flat out in the Fens	27/06/2010	156	<b>821.15</b>		
<b>Peter Gottlieb</b>	ECCA Cycling Festival 207km	03/05/2010	128.6		
	Essex Roads Orchid	13/06/2010	100	<b>228.6</b>	
<b>Mark Greenhalgh</b>	London Phoenix Easter Classic	05/04/2010	70		
	Essex Roads Spring Lambs	11/04/2010	93.21		
	King of the Downs	23/05/2010	113		
	Essex Roads Orchid	13/06/2010	100	<b>376.21</b>	
<b>Gerry Harrington</b>	Bexley CC Reliability Trial (100k)	24/01/2010	62.14		
	Hell of the Ashdown Forest	31/01/2010	68.2		
	ECCA Cycling Festival 207km	03/05/2010	128.6	<b>258.94</b>	
<b>Richard Hayes</b>	Essex Roads Spring Lambs	11/04/2010	93.21	<b>93.21</b>	
<b>Jamie Hollis</b>	Norwich 100	06/06/2010	100	<b>100</b>	
<b>Russell Lee</b>	King of the Downs	23/05/2010	113		
	Essex Roads/Orchid	13/06/2010	100		
	Essex Roads Orchid	13/06/2010	100	<b>313</b>	
<b>Geoff Martin</b>	Essex Roads Spring Lambs	11/04/2010	93.21		
	Burnham & Baddow	07/02/2010	62.14	<b>155.35</b>	
<b>Trevor Peacock</b>	Essex Roads Spring Lambs	11/04/2010	93.21		
	Essex Roads Orchid	13/06/2010	100	<b>193.21</b>	
<b>Debra Peck</b>	London Phoenix Easter Classic	05/04/2010	70		
	Essex Roads Spring Lambs	11/04/2010	93.21		
	ECCA Cycling Festival 100km	03/05/2010	62.14		
	Suffolk Sunrise	09/05/2010	100		
	Tour of Tendring	16/05/2010	50		
	Colne Valley air ambulance	23/05/2010	40		
	Norwich 100	06/06/2010	100		
	Northern Rock Cyclone	12/06/2010	104	<b>619.35</b>	
<b>John Phipps</b>	Bexley CC Reliability Trial (100k)	24/01/2010	62.14		
	Hell of the Ashdown Forest	31/01/2010	68.2		
	Burnham and Baddow	07/02/2010	62.14		
	Shaftesbury 100km audax	06/03/2010	62.14		
	Essex Roads Spring Lambs	11/04/2010	93.21		
	ECCA Cycling Festival 100km	03/05/2010	62.14		
	Norwich 100	06/06/2010	100	<b>509.97</b>	
<b>Graham Posner</b>	Essex Roads Spring Lambs	11/04/2010	93.21		
	Aacom Charity ride (100k)	16/05/2010	62.14		
	King of the Downs	23/05/2010	113		
	Essex Roads Orchid	13/06/2010	100	<b>368.35</b>	
<b>Ed Rulton</b>	ECCA Cycling Festival 100km	03/05/2010	62.14	<b>62.14</b>	
<b>Barry Ryan</b>	Burnham and Baddow	07/02/2010	62.14	<b>62.14</b>	
<b>Steve Stanbrook</b>	Essex Roads Spring Lambs	11/04/2010	93.21		
	King of the Downs	23/05/2010	113	<b>206.21</b>	
<b>Eddie Tai</b>	King of the Downs	23/05/2010	113	<b>113</b>	
<b>Phil Whelpdale</b>	Essex Roads Orchid	13/06/2010	100	<b>100</b>	
<b>Chris Williamson</b>	King of the Downs	23/05/2010	113		
	Essex Roads Orchid	13/06/2010	100	<b>213</b>	
<b>Darren Wisbey</b>	Aacom Charity ride (100k)	16/05/2010	62.14		
	King of the Downs	23/05/2010	113		
	Essex Roads Orchid	13/06/2010	100	<b>275.14</b>	